

ADULT HISTORY

Homeopathic Intake Form

Homeopathic consultation is facilitated when there is a complete picture of the individual's mental, emotional and physical states of health. This includes symptoms that affect both physical sensations (what does it feel like), and function (how it impacts you) and what ameliorates or aggravates each symptom.

Date: _____
Name _____ Age ___ Birth date _____ Sex ___
Address _____
City _____ Province _____ Postal Code _____
Phone (home) _____ (work) _____ (cell) _____
E-mail _____

Would you like to be added on our mailing list to receive special event notices? Y N

Occupation _____ Full-time/Part-time _____ Retired _____
Education _____
Married ___ Separated ___ Divorced ___ Widowed ___ Single _____

Are you familiar with or have you ever had Homeopathic treatment? Y N
If yes, what remedies have you taken and what remedies have helped?

In your opinion, what are your most important health problems? List as many as you can, in order of importance:

1) _____ 4) _____
2) _____ 5) _____
3) _____ 6) _____

Past Medical History:

When did your complaint or ailment begin? _____

What do you think causes or has caused your ailment or complaint?

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Have you had an experience (traumatic, illness, vaccine or other) that did or still affects you deeply?

Explain. _____

The general state of my health has been:

Excellent ___ Good ___ Fair ___ Poor ___

What childhood illnesses have you had?

___ Rubella (3 day-measles) ___ Mumps ___ Chickenpox
___ Measles (2 weeks) ___ Whooping Cough ___ Asthma
___ Scarlet Fever ___ Rheumatic Fever

Others: _____

What vaccinations have you had?

___ Mumps (individual) ___ Chickenpox
___ Measles (individual) ___ Tetanus (individual)
___ Rubella (individual) ___ Pertussis (individual)
___ MMR ___ DPT
___ Influenza (flu) ___ Diphtheria (individual)
___ Hepatitis ___ HPV
___ Other _____

Any adverse reaction to vaccines? Explain _____

Your Health History

Please check which of the following you have experienced or are suffering from now:

Abortion	Alcoholism	Allergies	Anaemia	Appendicitis
Asthma	Cancer	Chicken Pox	Cold Sores	Depression
Diabetes	Eczema	Epilepsy	Emphysema	Gall Stones
Goiter	Gonorrhoea	Gout	Hay Fever	Heart Trouble
Hypertension	Hepatitis	Herpes	Inflammation	Influenza
Jaundice	Kidney Disease	Pneumonia	Leukemia	Liver Disease
Malaria	Measles	Mental Problems	Miscarriage	Mononucleosis
Mumps	Nosebleeds	Parasites	Tonsillitis	Prostatitis
Psoriasis	Rheumatic Fever	Sexual Abuse	Skin Disease	Strep Throat
Sinusitis	Stroke	Syphilis	Thyroid Problems	Tuberculosis
Urticaria	Venereal	Warts	Whooping Cough	Worms
Yellow Fever	Other: _____			

Hospitalizations: List as best as you can.

Type of illness/operation	Date:	Where:
_____	_____	_____
_____	_____	_____

Please check which of the following substances you are currently using:

Alcohol	How Much?	Pain Killer	How Much?
Chewing Tobacco	How Much?	Recreational Drugs	How Much?
Cigarettes	How Much?	Sleeping Pills	How Much?
Coffee	How Much?	Supplements/Herbs	How Much?
Laxatives/Purgatives	How Much?	Tea (incl. herbal)	How Much?
Other therapies _____			

Are you allergic to any drugs (penicillin, etc.)? _____

Are you allergic to foods or other substances? _____

What happens when you have an “allergy attack” or “sensitivity reaction”?

Family History

Please list ages, and if deceased, what was the cause and at what age:

Relation	Living	Died	Cause	Age
Your Mother				
Your Father				
Your Brother (s)				
Your Sister (s)				
Maternal Grandmother				
Maternal Grandfather				
Paternal Grandmother				
Paternal Grandfather				

Has any blood relative had any of the following?

Yes	No	D.K. (Don't Know)		Yes	No	D.K.	
___	___	___	Allergies	___	___	___	Gout
___	___	___	Anemia	___	___	___	Hay Fever
___	___	___	Arthritis	___	___	___	Heart Attack
___	___	___	Asthma	___	___	___	High Blood Pressure
___	___	___	Bleeding	___	___	___	Seizure/Epilepsy
___	___	___	Cancer	___	___	___	Sickle Cell Anemia
___	___	___	Diabetes	___	___	___	Stroke
___	___	___	Depression	___	___	___	Thyroid Trouble
___	___	___	Eczema	___	___	___	Tuberculosis
___	___	___	Glaucoma	___	___	___	STD



Symptoms: Please mark 1 (mild), 2 (moderate), 3 (severe) if any of the following apply to you NOW or in the PAST.

Now Past

Skin

- _____ _____ skin: rough, dry, scaly, bumpy, itchy (circle)
- _____ _____ rashes, warts, moles, cysts (circle)
- _____ _____ light or dark patches of skin (circle)
- _____ _____ increased hair growth in unusual places
- _____ _____ pimples
- _____ _____ color changes in nails
- _____ _____ hives
- _____ _____ loss of hair
- _____ _____ ridges, pits or spots on nails
- _____ _____ infections, fungal symptoms

Blood, Lymph, Immune

- _____ _____ Swollen or painful lymph nodes
- _____ _____ Difficulty stopping bleeding
- _____ _____ Bruise easily

Now Past

- _____ _____ Wounds heal slowly
- _____ _____ Swollen glands

Endocrine

- _____ _____ Excessive hair growth
- _____ _____ Cold hands or feet
- _____ _____ Weakness
- _____ _____ Can't stand cold
- _____ _____ Chronic fatigue

- _____ _____ Prefer cold weather
- _____ _____ Unexplained thirst
- _____ _____ Increased hunger
- _____ _____ Can't stand heat
- _____ _____ Profuse sweating

Head

- _____ _____ Dizziness
- _____ _____ Severe headaches
- _____ _____ Seizures/tics/spasms

- _____ _____ Double vision
- _____ _____ Fainting spells
- _____ _____ Injuries

Eyes

- _____ _____ Infections
- _____ _____ Blurred vision
- _____ _____ Sensitive to light

- _____ _____ Near/far sighted
- _____ _____ Floaters
- _____ _____ Injuries

Ears

- _____ _____ Discharge from ears
- _____ _____ Pain in ears
- _____ _____ Hearing trouble

- _____ _____ Infections
- _____ _____ Injuries
- _____ _____ Noises in ears

Nose

- _____ _____ Nose bleeds
- _____ _____ Sinus problems

- _____ _____ Injury
- _____ _____ Loss of smell



___ ___ Obstruction - difficulty breathing through nose

Now Past
Mouth

___ ___ Sore mouth or tongue
___ ___ Infections
___ ___ Loss of teeth

Now Past

___ ___ Bad breath
___ ___ Gum disease
___ ___ Speech difficulties

Throat

___ ___ Persistent hoarseness
___ ___ Difficulty swallowing
___ ___ Loss of voice

___ ___ Pain
___ ___ Infections
___ ___ Swelling

Neck

___ ___ Stiffness
___ ___ Injuries

___ ___ Swelling

Respiratory

___ ___ Unexplained fever
___ ___ Chest pain
___ ___ Wheezing
___ ___ Infections
___ ___ Difficulty breathing at night (wakes you up)

___ ___ Night sweats
___ ___ Shortness of breath
___ ___ Daily cough
___ ___ Difficulty breathing

Cardiovascular

___ ___ Chest pain when walking
___ ___ Ankle-swelling
___ ___ Shortness of breath
___ ___ Heart palpitations (fluttering, pressure, skipping, rapid beat)

___ ___ Varicose veins
___ ___ Hypertension (HBP)
___ ___ Leg pain (walking)

Digestive System

___ ___ Frequent or severe symptoms
___ ___ Blood in stools
___ ___ Change in bowel movements
___ ___ Heartburn
___ ___ Indigestion
___ ___ Excessive belching
___ ___ Stomach pain
___ ___ Distress from fats or greasy foods
___ ___ Stools yellow, clay-colored, foul odored, has undigested food
___ ___ Bad breath, bad taste in mouth; body odor (including feet)
___ ___ Indigestion after meals (fullness, bloating, sourness, etc.)
___ ___ Heavy, full feeling after eating

___ ___ Vomiting, nausea
___ ___ Hemorrhoids
___ ___ Black stools
___ ___ Vomiting blood
___ ___ Anal itching
___ ___ Yellow jaundice
___ ___ Diff. swallowing



___	___	History of constipation or diarrhea	___	___	
___	___	Excessive lower bowel gas	___	___	
___	___	Stomach pain occurs 5 or 6 hours after eating	___	___	
___	___	History of constipation or diarrhea	___	___	
___	___	Indigestion occurs immediately after eating	___	___	
___	___	Nervousness, shaky feelings, headaches, relieved by eating	___	___	
___	___	Irritable if late for meal, miss meal, or before eating breakfast	___	___	
___	___	Sudden, strong craving for sweets or alcohol	___	___	
Now	Past		Now	Past	
___	___	Wake up at night feeling hungry	___	___	Overweight
___	___	Loss of appetite	___	___	Sudden weight loss
___	___	Sudden weight gain	___	___	Infection
___	___	Injury	___	___	
___	___	Sleepy during the day? When? _____	___	___	

How often do you have bowel movements? _____
 Do you strain at stool? _____. Have you had a change of appetite? _____ Increase / decrease?
 Do you snack? _____. On what? _____

What foods, condiments, or any other substances (i.e. chocolate, ice-cream, mustard, sour, spicy, chalk etc.) do you crave? _____
 Are you repelled by, or do you dislike any foods? _____

Are there any foods that trouble or aggravate or do not agree with you? In what way? _____

Are you thirsty? ____ For hot drinks ____ For cold drinks ____
 Ice in your drinks ____ Do you like to chew ice? ____

Urogenital System

Now	Past		Now	Past	
___	___	Frequent urination	___	___	Painful urination
___	___	Night urination	___	___	Trouble starting urine
___	___	Trouble holding	___	___	Frequent urging with scant urination

Male Problems

___	___	Difficulty achieving or maintaining an erection	___	___	
___	___	Lumps, swelling or pain in testicles	___	___	
___	___	Any prostate problems	___	___	Discharge from penis
___	___	Painful erection	___	___	Difficulty with ejaculation
___	___	Infection	___	___	Infertility
___	___	Injury	___	___	



Female Problems

- Menstrual flow is excessive/absent (circle)
- Bleeding or spotting between periods
- Pain before, during/after periods (circle)
- Discharge from vagina
- No lubrication when aroused
- Sex is painful
- Infection
- Lumps in breast
- Premenstrual symptoms: cramping, water retention, breast tenderness, headaches, depression, irritability, (circle) other...
- Difficulty feeling sexually aroused
- Never or seldom have orgasms
- Pelvic pain
- Infertility

Spine and Extremities

- | | | | | |
|--------------------------|--------------------------|---|--------------------------|-----------------------------------|
| Now | Past | | Now | Past |
| <input type="checkbox"/> | <input type="checkbox"/> | Joint pain, swelling, stiffness, tingling, numbness | <input type="checkbox"/> | <input type="checkbox"/> |
| Where? _____ | | | | |
| <input type="checkbox"/> | <input type="checkbox"/> | Muscle cramps | <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> | Burning soles of feet | <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> | Injuries | <input type="checkbox"/> | <input type="checkbox"/> |
| | | | <input type="checkbox"/> | <input type="checkbox"/> |
| | | | Backaches | Unusual redness of palms of hands |
| | | | Other | |

Have you ever had arthritis? _____
 Where _____ What kind _____

Nervous System

- | | | | |
|--------------------------|--------------------------|---|--------------------------|
| Now | Past | | |
| <input type="checkbox"/> | <input type="checkbox"/> | Loss of balance | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> | Convulsions | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> | Lack of strength (seizures, stiffness) | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> | Tremor (shaking, involuntary movements, tics, spasms) | <input type="checkbox"/> |
| | | | <input type="checkbox"/> |
| | | | Paralysis |
| | | | Numbness |

General

Are you a warm or chilly person? _____
 Are you sensitive to changes in weather? _____ sun _____ drafts _____ wind ___ noise ___ ordered environment _____ other _____

When in bed, if you feel warm, what part of your body would you tend to uncover first? _____
 Do you usually dream? _____. Are there specific dreams or recurring themes to your dreams?
 If so, what? _____



Mental/Emotional

Now	Past		Now	Past	
___	___	Restlessness	___	___	Anxiety
___	___	Excessive worry	___	___	Nervousness
___	___	Memory trouble	___	___	Trouble concentrating
___	___	Depression	___	___	Crying spells
___	___	Trouble sleeping	___	___	Nightmares
___	___	Trouble getting along with people	___	___	Easily angered
___	___	Feelings of worthlessness	___	___	Mood swings
___	___	Suicidal thoughts	___	___	Fearful
___	___	Excess stress	___	___	Always put others' interests before mine
___	___	See things that others don't	___	___	Hear voices
___	___	Think others want to hurt you	___	___	Don't know how to relieve stress
___	___	Loss of someone dear through death or separation			
___	___	Is order important to your surroundings?			
___	___	Are you generally late for appointments?			
___	___	Do you tend to leave things undone until the last minute			
___	___	Peculiar sensations? What? _____			
		Where? _____			

How do symptoms of stress show up in you (physically/emotionally)?

What are your triggers for stress _____

How do you alleviate stress? _____

Is there anything else you wish to add?

Homeopathic Disclosure & Informed Consent

I understand that a homeopathic remedy may be given with this consultation or be suggested for purchase at a store of my choosing.

If given at the time of consult and needed to be repeated before the next consult, a \$10.00 remedy fee (plus shipping if necessary) will be charged.

I confirm that any prescription medications I am taking under the care of a physician will not be withdrawn without his/her supervision.

I understand that a block of time has been set aside for my private appointment and that a 24-hour notification is required if I must cancel.

I understand that there is a fee of one consult hour (\$80.00) for appointments canceled less than 24 hours in advance.



I understand that payment is due at the time services are rendered, unless other arrangements have been made prior to the appointment.

I understand that phone consultations will be billed at the usual hourly rate.

I understand that current fees for single consultations are as follows, but that there may be changes in the fee structure in the future. (Homeoprophylaxis Program prices differ.)

My fee and approximate length of time of appointments:

- | | |
|---|----------|
| • Adult New Patient- 2 hours | \$220.00 |
| • Child New Patient- 1.5 hours | \$185.00 |
| • Follow up visit- 1 hour | \$90.00 |
| • Telephone Consults- 15 minute (minimum) | \$25.00 |

At this time tax are included

Homeopathy is considered to be an alternative/preventative system of health care and is not intended to be a substitute for allopathic or traditional medicine.

The therapy and information offered should not be construed by you, the client, or any family, friends or caregivers to be a medical diagnosis of any disease or injury.

You should consult with your physician for any serious medical condition and further, you should get at least two medical opinions for such condition.

While Christine Moran DHMHS has had extensive training in the science and art of Homeopathy and Health Science, she is neither a medical doctor nor a licensed physician.

I HAVE READ THE ABOVE AND AGREE TO ALL TERMS:

Signature: _____ Date: _____

If patient is under 18 years, parental signature is required.

