



2019 Yoga Source & Therapy Studio Yoga Teacher Training & Lifestyle Mentorship Program 200-Hour Application

Yoga Source & Therapy Studio is proud to offer our 10th teacher training program beginning January 12th, 2018. This 6 month program, led by Theresa Gagnon, is designed for serious students interested in becoming teachers and teachers wishing to extend their training. The training is also available to students interested in simply deepening their practice and the understanding of yoga. Students will be trained in a Hatha Yoga format under the requirements of Yoga Alliance International.

Program Schedule:

January 11th – 13th

January 25th – 27th

February 8th – 10th

February 22nd – 24th

March 22nd – 24th

April 26th – 28th

May 24th – 26th

June 21st – 23rd

Times and Dates:

Fridays 4:30pm – 9:00pm

Saturdays 10:45am - 6:45pm

Sundays 11:45am - 7:45pm

Program Tuition:

Early Bird: \$3,000 plus HST if paid **in full** by December 1st, 2018. Tuition after December 1st, 2018 is \$3,350 plus HST. There is a \$500 plus HST non-refundable deposit also required by December 1st, 2018. The remainder of the tuition will be required to be paid in full by December 28th, 2018 (two weeks before the start of training). Once the program begins tuition is non-refundable and non-transferable. **All applications for the teacher training must be in by December 1st, 2018 along with the \$500 plus HST non-refundable deposit.**

Included in your tuition is an **Unlimited In-Studio Yoga Membership** to be used during the course, January 11th – June 23rd, 2019. There will be weekly required homework, quizzes, and a final exam. At the end of the program all students who have completed the training hours, completed all

of their required homework and passed the final exam will receive a certificate of completion from Yoga Source & Therapy Studio and will be eligible for Yoga Alliance International registration. Required reading will be required and books from distributed book list purchased at applicants expense not included in tuition. If there are any concerns regarding the costs of the course, payment options can be discussed with Sarah Hubley. You may contact her at the studio, #905-830-9700 or email info@yogasource.ca.

Absentee Policy:

It is important that you attend all of the program training. If you miss 1- 2 days, you may still complete the program, but to make up the missed day(s) it is required that you must make arrangements with Theresa Gagnon, the program director, and Sarah Hubley, program administrator, to do a course workshop equivalent to the requirements of the 200 hour Teacher's Training & Lifestyle Mentorship program. This is not included in your tuition, and any fees incurred to make up this time are the applicants responsibility and in addition to the aforementioned tuition fees. The make-up course will vary in cost, depending on RYT and the yoga school it will be held at. More than two days missed will result in expulsion from the program. An option of retaking the next 200 hour program is available at applicants expense.



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Name: _____ Date: _____

Address: _____

City: _____ Postal Code: _____

Phone: (H) _____ Cell: _____ Email: _____

DOB: _____

Emergency Contact:

Name _____ Phone _____ Relationship _____

Is this your first training? If no, list prior trainings.

How many years have you been practicing yoga?

How many hours and days per week do you practice at home?

How long have you been taking public yoga classes?

Who are the main teachers you have studied with?

List any injuries or medical conditions and concerns: _____



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Payment Information

\$500 plus HST non-refundable deposit is due upon acceptance into the training. In order to qualify for early discount, full payment is required on or before December 1st, 2018. All tuition is due no later than the start of the program, January 11th, 2019.

We accept Debit, Visa, MasterCard as well as cheque payments.

Payments can be made in person at Yoga Source or over the phone with major credit card. We offer payment plans, please let us know if you require the payment plan schedule contract.

Our Location:

Yoga Source & Therapy Studio
16925 Yonge Street, Unit 25
Newmarket, ON
L3Y 5Y1

I understand that if I fulfill all the requirements of the Yoga Source Teacher Training & Lifestyle Mentorship Program, that I will receive a certificate of completion, which is documentation that I have completed a 200-hour Teacher Training & Lifestyle Mentorship program.

I understand that Yoga Source & Therapy Studio reserves the right to ask me to leave the program if my behaviour is inappropriate, unethical or violates the standards of the Yoga Alliance. Under such circumstances I understand I will not be refunded my tuition. I understand that if I cancel 14 days prior to the start of training, my \$500 plus HST deposit will be put towards the next teacher training and the balance will be refunded. If I cancel within 14 days of the start of the training, I will not be refunded my \$500 deposit but my remaining balance will be refunded. Once the program begins, tuition is non-refundable and non-transferable.

I, _____ have read and accept the above terms.

Signature _____ Date _____



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In your opinion what embodies a good yoga student? What embodies a good yoga teacher?

Why do you want to take the Yoga Source Teacher Training program?

What qualities do you feel you possess that will help you in teaching yoga?

Signature of Applicant _____ Date _____

For Office Use Only

Signature of Staff _____

Applicant approved for Yoga Source Teacher Training: Yes No

Deposit Received: Yes No

Payment Received In Full: Yes No

Date: _____