



## 2018 Yoga Source & Therapy Studio THE Yoga Teacher Training Program 200-Hour Application

Yoga Source & Therapy Studio is proud to offer our 10<sup>th</sup> teacher training program beginning January 12<sup>th</sup>, 2018. This 6 month program, led by Theresa Gagnon, is designed for serious students interested in becoming teachers and teachers wishing to extend their training. The training is also available to students interested in simply deepening their practice and the understanding of yoga. Students will be trained in a Hatha Yoga format under the requirements of Yoga Alliance.

### Program Schedule:

January 12<sup>th</sup> – 14<sup>th</sup>

January 26<sup>th</sup> – 28<sup>th</sup>

February 9<sup>th</sup> – 11<sup>th</sup>

February 23<sup>rd</sup> – 25<sup>th</sup>

March 23<sup>rd</sup> – 25<sup>th</sup>

April 27<sup>th</sup> – 29<sup>th</sup>

May 25<sup>th</sup> – 27<sup>th</sup>

June 22<sup>nd</sup> – 24<sup>th</sup>

**Times and Dates:** Fridays        4:30pm – 9:00pm  
                                 Saturdays     10:45am - 6:45pm  
                                 Sundays      11:45am - 7:45pm

Schedule will be distributed at a later date.

### Program Tuition:

Early Bird: \$2,700 plus HST if paid **in full** by December 1<sup>st</sup>, 2017. Tuition after December 1<sup>st</sup>, 2017 is \$3,000 plus HST. There is a \$500 non-refundable deposit also required by December 1<sup>st</sup>, 2017. The remainder of the tuition will be required to be paid in full by December 29<sup>th</sup>, 2017 (two weeks before the start of training). Once the program begins tuition is non-refundable and non-transferable. **All applications for the teacher training must be in by December 1<sup>st</sup>, 2017 along with the \$500 non-refundable deposit.**

Included in your tuition is **6 Months Unlimited** yoga to be used during the course. There will be weekly required homework, quizzes, and a final exam. At the end of the program all students who have completed the training hours (including mentorship), completed all of their required homework and passed the final exam will receive a certificate of completion from Yoga Source & Therapy Studio and will be eligible for Yoga Alliance registration. Required reading will be available

at a possible discounted rate. Book list will be given once the application process is complete. If there are any concerns regarding the costs of the course, payment options can be discussed with Theresa Gagnon. You may contact her at the studio.

**Absentee Policy:**

It is important that you attend all of the program training. If you miss 1- 2 days, you may still complete the program, but to make up the missed day(s) it is required that you must make arrangements with Theresa Gagnon, the program director, to do a course workshop equivalent to the requirements of the 200 hour Teacher's Training program. This is not included in your tuition. The make-up course will vary in cost, depending on RYT and the yoga school it will be held at. More than two days missed will result in expulsion from the program. An option of retaking the next teacher training is available. You will be notified of the next scheduled training.

**Mailing address and contact information:**

Yoga Source & Therapy Studio  
16925 Yonge Street  
Newmarket, ON L3Y 5Y1

Phone: 905.830.9700

Applications may be passed on to Theresa Gagnon and reception.



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Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone: (H) \_\_\_\_\_ (B) \_\_\_\_\_ Cell: \_\_\_\_\_

Email: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Gender: M / F

**Emergency Contact:**

Name \_\_\_\_\_ Phone \_\_\_\_\_ Relationship \_\_\_\_\_

Is this your first training? If no, list prior trainings. \_\_\_\_\_

How many years have you been practicing yoga? \_\_\_\_\_

How many days per week do you practice at home? \_\_\_\_\_

How many hours per day do you practice on average? \_\_\_\_\_

How long have you been taking public yoga classes? \_\_\_\_\_

Who are the main teachers you have studied with? \_\_\_\_\_

How many classes per week on average have you taken in the above years? \_\_\_\_\_

List any injuries or medical conditions and concerns:



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### **Payment Information**

\$500 non-refundable deposit is due upon acceptance into the training. In order to qualify for early discount, full payment is required on or before December 1st, 2017. All tuition is due no later than the start of the program.

We accept Debit, Visa, MasterCard as well as cheque payments.

Please come to the studio in order to make your payments.

We offer payment plans if you need to break up the tuition over several months. Let us know if you require the payment plan schedule contract.

Yoga Source & Therapy Studio  
16925 Yonge Street, Unit 25  
Newmarket, ON  
L3Y 5Y1

I understand that if I fulfill all the requirements of the Yoga Source Teacher Training, that I will receive a certificate of completion, which is documentation that I have completed a 200-hour Teacher Training program.

I understand that Yoga Source & Therapy Studio reserves the right to ask me to leave the program if my behaviour is inappropriate, unethical or violates the standards of the Yoga Alliance. Under such circumstances I understand I will not be refunded my tuition. I understand that if I cancel 14 days prior to the start of training, my \$500 deposit will be put towards the next teacher training and the balance will be refunded. If I cancel within 14 days of the start of the training, I will not be refunded my \$500 deposit but my remaining balance will be refunded. Once the program begins, tuition is non-refundable and non-transferable.

I have read and accept the above terms:            Yes            No

Signature \_\_\_\_\_ Date \_\_\_\_\_



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In your opinion what embodies a good yoga student? What embodies a good yoga teacher?

Why do you want to take the Yoga Source Teacher Training program?

What qualities do you feel you possess that will help you in teaching yoga?

Signature of Applicant \_\_\_\_\_

Date \_\_\_\_\_

For Office Use Only

Signature of Staff \_\_\_\_\_

Applicant approved for Yoga Source Teacher Training:      Yes                  No

Deposit Received:                  Yes                  No

Payment Received In Full:      Yes                  No

Date: \_\_\_\_\_