



2013 Yoga Source & Therapy Studio 250 Hour Teacher Training Program Application

Yoga Source & Therapy Studio is proud to offer our 7th teacher training program beginning January 24th, 2014. This 8 month program, lead by Theresa Gagnon, is designed for serious students interested in becoming teachers and teachers wishing to extend their training. The training is also available to students interested in simply deepening their practice and the understanding of yoga. Students will be trained in a Hatha Yoga format under the requirements of the Yoga Alliance.

Program Schedule:

January 24 - 26

February 21 - 23

March 21 - 23

April 25 - 27

May 23 - 25

June 20 - 22

July 25 - 27

One week Intensive:

August 11 - 15

Times and Dates:	Fridays	4:30pm – 9:00pm
	Saturdays	10:45am - 6:45pm
	Sundays	11:45am - 7:45pm

Schedule will be distributed at a later date.

Program Tuition:

Early Bird: \$3,350 plus HST if paid **in full** by December 1st, 2013. Tuition after December 1st is \$3,600 plus HST. There is a \$500 non-refundable deposit also required by December 1st, 2013. The remainder of the tuition will be required to be paid in full by January 10th, 2014 (two weeks before the start of training). Once the program begins tuition is non-refundable and non-transferable. **All applications for the teacher training must be in by December 1st, 2013 along with the \$500 non-refundable deposit.**

Included in your tuition is **8 Months Unlimited** yoga to be used during the course. There will be weekly required homework, quizzes, and a final exam. At the end of the program all students who have completed the training hours (including mentorship), completed all of their required homework and passed the final exam will receive a certificate of completion from Yoga Source & Therapy Studio and will be eligible for Yoga Alliance registration. Required reading will be available

at a possible discounted rate. Book list will be given once the application process is complete. If there are any concerns regarding the costs of the course, payment options can be discussed with Theresa Gagnon. You may contact her at the studio.

Absentee Policy:

It is important that you attend all of the program training. If you miss 1- 2 days, you may still complete the program, but to make up the missed day(s) it is required that you must make arrangements with Theresa Gagnon, the program director, to do a course workshop equivalent to the requirements of the 250 hour Teacher's Training program. This is not included in your tuition. The make-up course will vary in cost, depending on RYT and the yoga school it will be held at. More than two days missed will result in expulsion from the program. An option of retaking the next teacher training is available. You will be notified of the next scheduled training.

Mailing address and contact information:

Yoga Source & Therapy Studio
16925 Yonge Street
Newmarket, ON L3Y 5Y1

Phone: 905.830.9700
Fax: 905.830.9146

Applications may be passed on to Theresa Gagnon and reception.



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Name: _____ Date: _____

Address: _____

City: _____ Province: _____ Postal Code: _____

Phone: (H) _____ (B) _____ Cell: _____

Email: _____

Date of Birth: _____ Gender: M / F

Emergency Contact:

Name _____ Phone _____ Relationship _____

Is this your first training? If no, list prior trainings. _____

How many years have you been practicing yoga? _____

How many days per week do you practice at home? _____

How many hours per day do you practice on average? _____

How long have you been taking public yoga classes? _____

Who are the main teachers you have studied with? _____

How many classes per week on average have you taken in the above years? _____

List any injuries or medical conditions and concerns:



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Payment Information

\$500 non-refundable deposit is due upon acceptance into the training. In order to qualify for early discount, full payment is required on or before December 1st, 2013. All tuition is due no later than the start of the program.

We accept Debit, Visa, MasterCard as well as cheque payments.

Please come to the studio in order to make your payments.

We offer payment plans if you need to break up the tuition over several months. Let us know if you require the payment plan schedule contract.

Yoga Source & Therapy Studio
16925 Yonge Street, Unit 25
Newmarket, ON
L3Y 5Y1

I understand that if I fulfill all the requirements of the Yoga Source Teacher Training, that I will receive a certificate of completion, which as documentation that I have completed a 250-hour Teacher Training program.

I understand that Yoga Source & Therapy Studio reserves the right to ask me to leave the program if my behaviour is inappropriate, unethical or violates the standards of the Yoga Alliance. Under such circumstances I understand I will not be refunded my tuition. I understand that if I cancel 14 days prior to the start of training, my \$500 deposit will be put towards the next teacher training and the balance will be refunded. If I cancel within 14 days of the start of the training, I will not be refunded my \$500 deposit but my remaining balance will be refunded. Once the program begins, tuition is non-refundable and non-transferable.

I have read and accept the above terms: Yes No

Signature _____ Date _____



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In your opinion what embodies a good yoga student? What embodies a good yoga teacher?

Why do you want to take the Yoga Source Teacher Training program?

What qualities do you feel you possess that will help you in teaching yoga?

Signature of Applicant _____

Date _____

For Office Use Only

Signature of Staff _____

Applicant approved for Yoga Source Teacher Training: Yes No

Deposit Received: Yes No

Payment Received In Full: Yes No

Date: _____